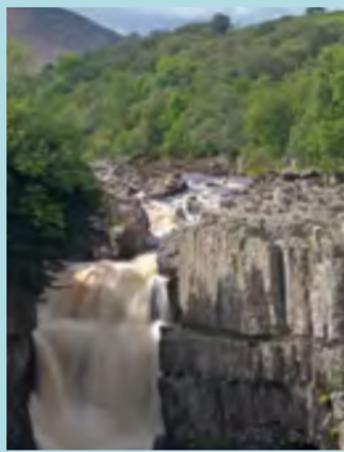
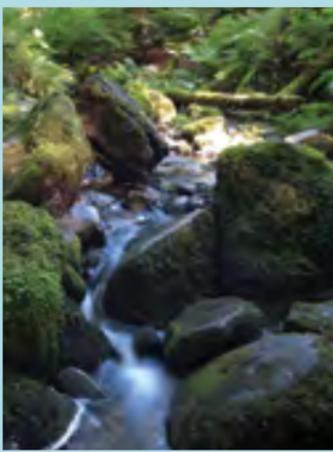




# HIGH FORCE

Forest-in-Teesdale

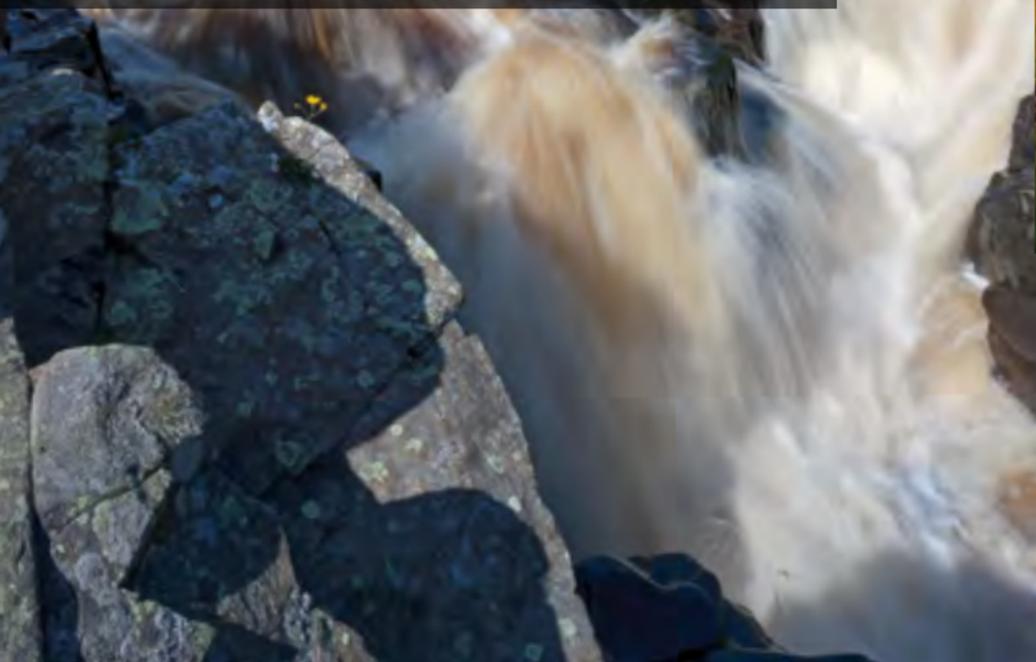


Discover The  
Force of Nature

[www.highforcewaterfall.com](http://www.highforcewaterfall.com)

# High Force

High Force is one of the most impressive waterfalls in England. The River Tees has been plunging into this gorge for thousands of years but the rocks it reveals are far more ancient – with origins dating back over 300 million years! The River Tees suddenly drops 21 metres over the Whin Sill into a plunge pool below. A gentle and pretty woodland walk leads you to the viewing area at the base of the waterfall. High Force is a sight to behold as well as an ideal place to stop for a picnic and a base for exploring Teesdale and the North Pennines by car, bike or on foot.



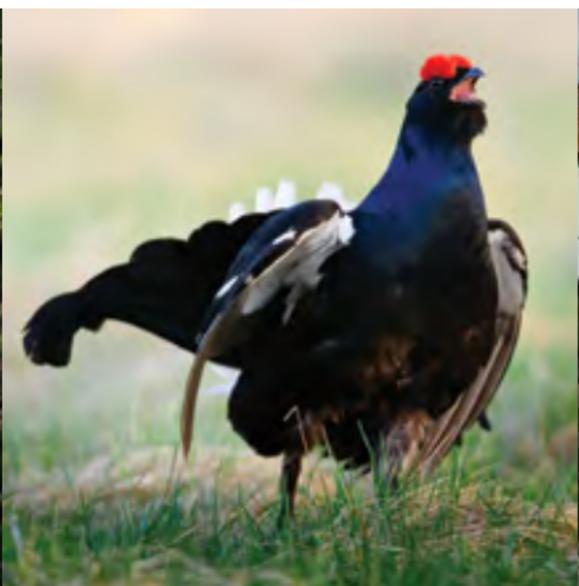
## Beautiful Countryside

High Force is surrounded by the stunning countryside of Upper Teesdale and is situated in the North Pennines Area of Outstanding Natural Beauty, an area that was also the first in England to achieve European and Global Geopark status. Its aim is to protect the area's unique geodiversity, which includes the Whin Sill that can be seen at High Force.



## Flowers & Wildlife

A variety of animal and plant life can be seen at High Force throughout the seasons, from a vast array of wildflowers, ferns and towering trees, to roe deer and rabbits. Close by is the Upper Teesdale National Nature Reserve, which is famous for the rare spring gentian flower and England's largest juniper wood, it is also home to the rare black grouse.





## Outdoor Activities

Fishing permits for a section of the River Tees are available to purchase on-line from [www.highforcewaterfall.com](http://www.highforcewaterfall.com) or in person from the High Force Hotel or the Newsagents in Middleton-in-Teesdale. Canoe permits are also available.

## High Force Hotel

The independently managed High Force Hotel provides a warm welcome to all visitors and serves food and refreshments 7 days a week. Visit [www.thehighforcehotel.co.uk](http://www.thehighforcehotel.co.uk), call: 01833 622336, or email [info@thehighforcehotel.co.uk](mailto:info@thehighforcehotel.co.uk) for further information

## Facilities at a Glance

- Car Park
- Toilets
- Baby Changing
- Human Sundial
- Bike Racks
- Accessible Toilets
- Picnic Areas





## In The Area - Raby Castle

**Approx. 20 miles from High Force** is Raby Castle, also part of the Raby Estate. A dramatic medieval castle, set within a large deer park with walled gardens, play area, coach houses and a programme of special events throughout the summer. After visiting the waterfall, why not drive down the dale to Raby Castle at Staindrop.

Open seasonally from Easter to September, please visit [www.rabycastle.com](http://www.rabycastle.com) for opening times & prices.

T: 01833 660202

E: [admin@rabycastle.com](mailto:admin@rabycastle.com)

## Location

High Force is situated along the B6277, 4 miles from Middleton-in-Teesdale. The waterfall is well signposted with brown tourist signs.





# HIGH FORCE

Forest-in-Teesdale

## Opening Times

Daily 10am - 5pm.

High Force Waterfall and Car Park is open for your enjoyment all year round (apart from Christmas Day) Between November and Easter closing time is at 4pm.

Please be advised in the interests of safety it may be necessary for High Force to close during adverse weather conditions. Please check weather forecast first before making a journey.

## Admission

Car Parking: £3 per car, £2 per motorcycle.

Admission to the Falls: Adults (16+): £1.50

Children (5-15): 50p

## School Visits

Coach parking fees apply. Please book in advance.

Coaches: £25 Minibuses £12.50

Dogs - are welcome on short leads.

Photography - is permitted for personal use only.

Visitors are recommended to wear flat walking shoes.

No swimming is permitted at any time.

This Leaflet is available in large format on request

DISCOVER TEESDALE

THIS IS DURHAM



High Force, Forest-in-Teesdale, County Durham DL12 0XH  
Telephone: 01833 622209 or 01833 622324 Email: [highforce@rabycastle.com](mailto:highforce@rabycastle.com)  
[www.highforcewaterfall.com](http://www.highforcewaterfall.com)



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@HighForceWater

All details are correct at time of going to print.